## Term 1 2016
### Weekly Specials

All our canteen specials are made in the canteen with quality ingredients.

<table>
<thead>
<tr>
<th>Wk.</th>
<th>Morning Tea</th>
<th>Price</th>
<th>Lunch Special (Monday &amp; Wednesday)</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>1</td>
<td>No Weekly Specials</td>
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</tbody>
</table>
| 2   | Yoghurt & Fruit Parfait  
*Light Yoghurt served with seasonal fruit and toasted muesli* |       | Chicken Caesar Salad  
*Bacon, chicken tender, boiled eggs, lettuce, croutons, and dressing* |       |
| 3   | Fruit Waffle Cones  
*Waffle Cone filled with Summer fruit Salad and cream* |       | Beef Nachos  
*Corn chips, Mexican beef, avocado and cheese served with mild salsa sauce* |       |
| 4   | Apple Cinnamon Muffin  
*Baked in the canteen with fresh ingredients* |       | Butter Chicken  
*Served with white rice* |       |
| 5   | English Muffin French Toast  
*Hot golden toasts from the pan served with fruit* | $1.50 each | Beef & Vegie Japanese Curry  
"Kare Raisu"*-Very Mild Japanese Beef Curry served with white rice.* | $4.50 each |
| 6   | Fruity Banana Split  
*Banana, light Ice cream and fruit with chocolate sauce* |       | Fish & Potato Wedges  
*Oven baked fish and Potato Wedges served with tomato sauce* |       |
| 7   | Pear and Raisin Muffin  
*Baked in the canteen with fresh ingredients* |       | Pasta Bolognese  
*Penne served with homemade Bolognese sauce and cheese* |       |
| 8   | Apple Crumble  
*Served with light ice cream* |       | Teriyaki Burgers  
*Teriyaki Chicken, lettuce, tomatoes, on a whole meal bun With QP mayonnaise* |       |
| 9   | Blueberry Muffin  
*Baked in the canteen with Australian Blueberries* |       | Pasta Bake  
*Cheesy Chicken, corn and Broccoli Pasta Bake* |       |
| 10  | No Weekly Specials |       |                                   |       |
| 11  | Toasted Banana Bread  
*Lightly toasted Home-made Banana Bread* | $1.50 each | Fried Rice  
*Rice, garlic, ginger, peas, carrot, corn, bacon and egg seasoned with oyster sauce and soy sauce* | $4.50 each |

Please note: Lunch Specials are **NOT** available on Friday as it is SUSHI DAY.  
**SUSHI** is available on **Friday** only - $3.00 per roll/mini pack.