

## “THE DISH” INFORMATION

Once a term staff and parents of Sacred Heart assist with preparation and serving of food to the homeless at Hornsby. We require volunteers for driving, cooking, companionship/serving.

**FRIENDSHIP AT THE VAN:** Is between 6-7pm. Please meet the van in the driveway between TAFE and Hornsby Pool. The van driver for each shift is the designated Night Supervisor

**HOT FOOD:** Must be dropped off to Sacred Heart School no later than 5.15 pm. The school has 3 x stainless steel ‘hot pots’ should which you can collect from the office. We have no facilities to heat food up so please ensure you utilise the ‘hot pots’ or drop the food off as close to 5:15 as possible.

**COLD FOOD:** Can be dropped off before 3 pm but definitely before 5.00 pm

Please ensure the food is sent in in disposable containers. Should you use your own container please make sure they have your name clearly displayed on them

### EXAMPLES OF MEALS:

	EXAMPLES	NOTES	
<b>SOUP ENTREE</b>	Vegetable Soup/Broth (eg pumpkin, leek & potato) (For Vegetarians)	3 litres of soup/Broth <b>(Must arrive warmed if required)</b> No alcohol in cooking With bread sticks or rolls	
<b>MAIN</b>	Meat/Chicken Lasagne Fish cakes Meat Balls in tomato sauce	Savoury Mince Pasta Salad Chicken pieces	Large Aluminium trays 6 - 8 litres mains or 14 individual portions in total. <b>(Must arrive warmed if required)</b> No alcohol in cooking If need rice/pasta eg then person doing side can prepare as their side dish
<b>SIDE DISH</b>	Fried Rice Potato & Leek Bake	Mixed salad Couscous	Large Aluminium tray Cater for 14 small servings <b>(Must arrive warmed if required)</b> No alcohol in cooking If 2 people doing sides then just 1 aluminium tray each is sufficient
<b>DESSERT</b>	Self serve pudding Apple Crumble & Custard Fruit Jelly & Cream	Soft fresh fruit platter Chocolate/Vanilla frosted slab cake	Large Aluminium trays Cater for 14 servings <b>(Must arrive warmed if required)</b> No alcohol in cooking

**PLEASE LET THE OFFICE KNOW IF YOU WOULD LIKE TO BE ON THE ROSTER**