### Term 3 Week 5, 19th August 2020

## Sacred Heart Pymble





### Principal's Message

### Learning Agenda

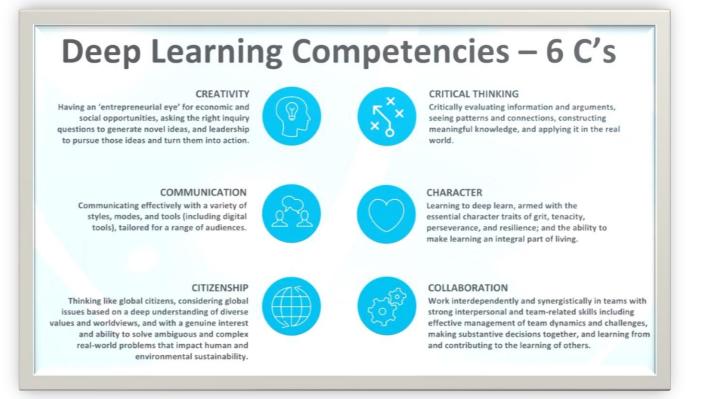
The pandemic world has awakened a realisation that as individuals and as systems, we have been through a period of unsettled time, we learnt how to deal with changes, and we entered a period of growth as a result of the disruption. We have the opportunity to creatively manage immediate issues while navigating and preparing for future learning. While reimagining this new world, there has been an elevated impact of technology in our daily lives which we are using to enhance and embrace our wellbeing and connectedness. Our physical and social-emotional wellbeing prepares us to be ready to learn.

At SHP our focus in the area of 'learning and teaching' is to improve critical thinking skills. Last year, our teachers worked together as learners broadening understanding of STEM (as part of a project with Sydney

University's STEM academy). This year we are broadening our learning framework from a traditional approach to a deep learning approach (NPDL – New Pedagogies for Deep Learning).

We don't just want children to learn existing knowledge, we also want them to connect that learning to the real-world and be authentic problem solvers. We don't want children to just receive knowledge, we want them to inquire and build knowledge. We are using the NPDL design framework to especially showcase science work during week 5 of this term and we look forward to sharing our work. We look forward to presenting this work on our website after Science Week.





### YEAR 6 PUBLIC SPEAKING FINAL

Congratulations to our finalists: Imogen, Sophia, Josie and Jake, on your fine efforts! The winner of this year's public speaking competition, Imogen M., shares her experiences in this reflection:

#### My Public Speaking Journey

During the time that I have been writing and presenting my speeches this year I have learnt three valuable skills to improve my speeches. First of all, I've learnt strategies to keep me calm during my impromptu speech preparing and presenting. The strategy of clearing my head and focusing on the topic at hand has helped me, especially when I only have three minutes to write my speech. The second priceless skill I have learned to use during this public speaking experience is to put emotion into my impromptu speeches. Instead of just stating the obvious, I try to persuade the audience to agree with the way I look at the topic. The last skill that I've learnt during my public speaking journey is to have courage and always be strong when presenting a speech. Although you might feel like one hundred butterflies are fluttering around inside your stomach, you need to push them aside, put on your brave face and think about the passion you have for public speaking. If you manage to clear your head and



focus when writing an impromptu speech, include emotion and passion in the speeches you present and have courage when presenting your impromptu and prepared speech, you might just be able to achieve what you want in your public speaking journey.

### COVID

We are continuing to ensure that SHP remains a COVID safe environment. We will advise you of any updates to changes in protocols and guidelines as they happen.

Many announcements have been made in the media this week about school operations such as the cancellation of 'graduations'. Of course, at this time of year the Yr 12 graduations have been planned. These decisions have been made for the health and safety of the community during term 3 of this school year.

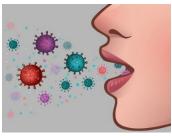
Some of the discussion items relate to sporting events. Please ensure that you continue to follow soccer and netball advice for parents so that our 2020 season can progress as long as possible.

One of the announcements made by the Premier's office has been around playing woodwind instruments.

These guidelines specifically state:

\* The use of wind instruments in **group settings** is not permitted.

\*Playing a wind instrument in an *individual setting* is still allowed.



\*Playing percussion, keyboard, guitar, strings and other instruments which **do not require 'blowing'** to play are still allowed in both group and individual settings.

Teaching Services Australia that provides high quality school band services to SHP has advised us that they are performing percussion and rhythmic activities this week as we clarify the new guidelines and will be contacting parents to advise them of any updates to protocols and procedures.

Choir at SHP will no longer take place due to the current situation. We will keep you informed of any further changes in the near future.

We had also planned sessions for new enrolments – LEAP (Learning Exploring Active Play). Unfortunately, these sessions are cancelled.

Disappointing is the word at the tip of my tongue, but we need to make adjustments to ensure that we are healthy and safe. Our resilience is being tested this year.

### School Attendance

Students should be at school unless:

- They have a medical certificate which states that they are unable to return to school due to an ongoing medical condition and the expected timeframe.
- They are currently unwell.

In accordance with advice from NSW Health, parents and carers are reminded **NOT** to send children to school if they are unwell, even if they have the mildest flu-like symptoms. SHP staff will make arrangements for any student who presents as unwell or have flu-like symptoms to be sent home.

NSW Health have requested that schools encourage anyone who is unwell or has even mild flu-like symptoms, to arrange to be tested through their local medical practitioner or one of the COVID-19 clinics.

Students and staff with flu-like symptoms will need to provide a copy of a negative COVID-19 test result or a letter from their doctor saying they are fit to return to school.

Kind regards Mary Hor

### Assistant Principal's Message

### Outreach

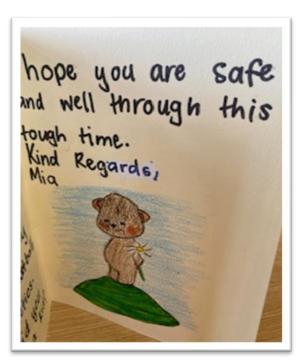
The students in Year 5 have been writing letters to residents and parishioners of local nursing homes. These letters and cards are a way of showing we care and that we are thinking of them during this difficult time. We have been praying for all those who are vulnerable and lonely – may God bless them always.





Kind regards Kelly Clouston





### **Religious Education**

### TOKENS OF LOVE

Students at Sacred Heart have been preparing some tokens of love to show their appreciation for our priests, Fr Bogus and Fr. Chris.

Students have demonstrated their gratitude in a variety of ways, including poetry and song.

### This is Year 3/4's contribution:

Fathers,

Thank you for watching over us,

You do it without a fuss.

Your love for us is the size of a bus,

We miss you so much.

You are truly servers of God, You are as precious as gold. You are supporting us every day,

More than we could ever say,

In every possible way.

Loving, caring, trustworthy

The ultimate role-models for us,

Now, let us pray,

Until we see you again. Amen





# 'Token's of Love'

## Artwork by Kindy 2020

### Our Service to The Dish

"The poor need help today, not next week" - Catherine McAuley

Since 2003, St. John's Uniting Church, Wahroonga has been operating a soup van *The Dish* in Hornsby each week serving a nourishing meal to those who come. It began with soup and now there is an average of thirty who come to share a meal each time. The Dish is a broad ecumenical effort with volunteers from several local schools and Catholic Churches. Our Mercy Charism calls us to live our faith. We show this commitment to faith through our deeds, especially through our service to the community. Each term, a team of parents and staff from Sacred Heart, Pymble, support *The Dish*.



Together we can achieve so much more. This is indeed an ideal way for

different groups in our community to share the responsibility of helping those of our community who need support. Our relationship with The Dish is a highly valued outreach initiative in our school community.

In these extraordinary times, **The Dish** is still meeting the needs of the vulnerable in our local community, but some changes have been made to *The Dish* food service to follow strict new health guidelines. Our service this term to *The Dish* is scheduled for Tuesday, 8<sup>th</sup> September 2020.

All food services are takeaway only. They are now distributing pre-packaged hot meals to ensure volunteers have a safer and less direct interface with our friends in need. We are calling for some volunteers to cook the **main course** and to **make dessert for thirty people**. We ask that these portions be delivered in take-away containers, please, so there will be no need for volunteers to serve this time.

If you are able to support this significant ministry at this time, please contact our office on <a href="mailto:shp@dbb.catholic.edu.au">shp@dbb.catholic.edu.au</a>. Thank you!

## A Prayer for the Lonely

Sometimes, God, the loving voice of those we care about or even a stranger's smile, can seem far away. At those difficult times, we may feel distanced from you as well. Teach us to know we can always count on you to be with us whenever we are lonely.

Help us recognise others' loneliness, so we can reach out with a smile, a gesture, or a sign of our caring, for no one is exempt from loneliness from time to time. Teach us also to offer the gift of hospitality to neighbours, co-workers, students, parishioners, or anyone who is new in a given situation, so they will feel welcomed and not alone.

Give us the grace to trust in Jesus' words:

"Remember, I am with you always, to the end of the age." Matthew 28:20.

Make us instruments of your care and concern, Lord, especially to those with no family and no friends.

All this we pray in the name of your loving Son, Jesus.

Amen

An excerpt from Let's Begin with a Prayer Sally Macke

### Programme of Sacramental Preparation in our Diocese

Due to the current pandemic, Bishop Anthony has made some changes regarding preparation for the Sacraments.

We have received notification from the Parish Office regarding dates for First Reconciliation & First Eucharist at Sacred Heart, Pymble in 2020:

- 1. First Reconciliation 16th Sept at 6:30pm & 22nd Sept at 4:00pm
- 2. First Eucharist 22nd Nov at 11:30am
- 3. Confirmation will not take place this year

Please contact the Parish Office to register your child if they are in Year 3 this year.

From 2021, Bishop Anthony has declared that in order to facilitate a truly meaningful reception of the Sacrament, Confirmation will be celebrated with those who have reached the age of 8 and who are typically in Year 3. First Reconciliation & First Eucharist will be celebrated with those who are 9 years of age and typically in Year in Year 4.

Liana Stella REC

### Canteen

Please find attached the Canteen Roster for the next 3 weeks for Term 3. If you need to change or swap please contact someone on the day or by email <u>deb.behn@dbb.catholic.edu.au</u> and we can arrange for someone to do your day. Thank you.

Week 5 Wednesday 5 <sup>th</sup> Aug 2020		Week 5 Friday	7 <sup>th</sup> August 2020	
Melissa Garling	9am – 1:30pm	Angela Bracks	9am – 1:30pm	
Triona Burton	10:30am – 1:30pm	Pauline Sharpe	9am – 1:30pm	
		Jo Crighton	10am-1:30pm	
Week 6 Wednesday 12 <sup>th</sup> Aug 2020		Week 6 Friday	ay 14 <sup>th</sup> August 2020	
Melissa Garling	9am – 1:30pm	Pauline Sharpe	9am – 1:30pm	
Maree Kirkpatrick	9:30am-1:30pm	Angela Bracks	9am – 1:30pm	
		Julie Douglas	9am – 1:30pm	
Week 7 Wednesda	y 19thAug 2020	Week 7 Friday	21st August 2020	
Melissa Garling	9am – 1:30pm	Angela Bracks	9am – 1:30pm	
Triona Burton	10:30am – 1:30pm	Pauline Sharpe	9am – 1:30pm	
		Jane Williams	9am – 1:30pm	



## The Literacy Centre

### Premiers Reading Challenge

### Congratulations to the following students who have completed the challenge since the previous newsletter! We are so proud of you! We have less than one month to go!

K	1	2	3	4	5	6
Carly	Amelia	Gemma	Sean	Charlotte L	Liam	
Lachlan H	Alex	Keelin	William	Finn	Bronte	
Vivienne	Camilla		Veronica	Noah	Oscar	
			Sarah		Mia	
			Linas		Hannah	

Even though we have over 140 students who have completed the challenge, we still have many who have not! A note with log on instructions and passwords was sent home in Term 1, and all passwords were re-sent last week.

Below you will find the website to access the students' reading log where they can enter books they have read (or have listen to) since 2<sup>nd</sup> March 2020.

https://online.det.nsw.edu.au/prc/studentExperience.html#/

The Challenge closes on the 28<sup>th</sup> of August – Keep Reading Sacred Heart! 1 Week to go!

### Science Week at Sacred Heart (17th – 21st August)

This week is National Science week is 'Deep Blue: innovations for the future of our oceans'.

STEM CAREERS: Thank you to our STEM career parents who, so very generously gave up their time to speak to

our students about their exciting job! Thank you Gemma, Karie, Eric and Gavin! We love promoting STEM careers at Sacred Heart!



## SCIENCE WEEK MUFTI DAY THIS FRIDAY 21st August

### To wrap up Science Week, we are asking that the students come dressed in the theme of 'Deep Blue' or as

Marine Scientist





Get your thinking caps on!

their favourite STEM career!











<image>

