

**Term 4 Week 1, 6 October 2021**

# Sacred Heart Pymble



## Upcoming Events

**October 14**

Kindy 2022 Transition Zoom

**October 18**

Kindy & Year 1 students return

**October 25**

Years 2 & 6 students return

## PRINCIPAL

Welcome back to term 4. I hope you've enjoyed a break from the school zooms and weekly routines. We've commenced the term with political changes, and we look forward to leaving lockdown as restrictions ease.

At this stage, we are expecting children to return to school as follows:

Kindergarten and Year 1	18 October	Week 3
Year 2 and Year 6	25 October	Week 4
Year 3, Year 4, Year 5	1 November	Week 5

All students are to return to school wearing their full Summer Uniform.

Here are a few important items that you may be starting to consider as your child returns to face to face teaching with the school routine and structure.

- When children return to school, they will be required to enter through the front gate near the office where they will find sanitiser. This will be the only entry to the school and at this stage, parents are not allowed to come on to the school grounds.



## PRINCIPAL

- The classrooms have been checked to ensure that good ventilation is possible – open windows, cross ventilation and fans. By the end of October, each school in Broken Bay will have CO2 monitors to check ventilation twice each day.
- Classrooms have sanitiser at the door for children to use. They are very regularly reminded to use the sanitiser throughout the day.
- The school has employed a cleaning company to carry out extra cleaning duties during pandemic times. The hygienist employed for this purpose has specific cleaning tasks that need to be carried out on a daily basis.
- Children **may** choose to wear a mask at school. It is not compulsory. Teachers will remind the children to wear their mask. Please ensure that masks are labelled. Teachers and staff will wear masks in the workplace.
- Technology devices must be returned to the school office when children return to school. We appreciate your assistance and patience with returning these devices safely and having names ticked off the list.
- If children present with sniffles or coughs, parents or carers will be contacted immediately to collect the children from school. We are keen to maintain a safe and healthy workplace and learning space.
- All teachers and staff will be fully vaccinated by the time children are returning to school.
- For the next couple of weeks, please complete the weekly attendance google form which helps us to manage supervision of children of essential workers as we continue to provide zoom lessons.

We are looking forward to a smooth transition and return to face to face teaching. We are keen to re-establish routines and learning structures at school to ensure a 'normal' school experience. Our students will need time to adjust to school based learning and some will be filled with as much anxiety as the first day of school or the school year. Being prepared and catering for their potential needs is our highest priority. We appreciate that you, as parents or carers, may also be anxious. Throughout home based learning we have tried to not overload, exhaust or frustrate parents and carers with too many demands to support their children's learning. We have all been trying to balance and deal with the impacts of a new complex world. We now embark on a new period of adjustment to support student learning as we strive to be at least as good as the very best.

Please do not hesitate to call the school office or email if you have any concerns or questions that we have not addressed.

Mary Hor  
Principal

### KINDY 2022 FACEBOOK GROUP

A "Kindy 2022" group has been set up on Facebook and we are inviting our 2022 Kindy Parents to join. This will be a group for you to meet and make connections with the school and new families as well as keeping up to date with what is happening in the school and what we have planned for your children in the coming months. To join, please go to our Facebook page, click on "Groups" and "Join". Alternatively, please click on the link here to join [www.facebook.com/groups/1302097166888531/](https://www.facebook.com/groups/1302097166888531/)

Please note: This is a Private Group.

# RELIGIOUS EDUCATION

## THE ROSARY

The month of October each year is dedicated to the Rosary. It is a prayer which has been a part of the Catholic Church's tradition for many years. The Rosary can be prayed using beads to keep count as shown in the picture above. We pray the Rosary while we think about the lives of Jesus and Mary. This prayer is often prayed in community.

### How to pray the Rosary:

1. Holding the cross, pray the Apostles Creed.
2. Holding the first large bead, pray the Our Father.
3. For the next three beads, pray a Hail Mary each.
4. Pray, Glory Be to the Father.
5. Announce the mystery for reflection. Pray the Our Father.
6. Pray the 10 Hail Marys.
7. Finish the decade with a Glory Be to the Father.
8. Repeat steps 5, 6 & 7 for each decade.



The words we use when we pray the Rosary are grouped around scenes from the lives of Mary and Jesus. These scenes are called mysteries.

### The Joyful Mysteries:

- The Annunciation
- Visit to Elizabeth
- The Nativity
- The Presentation
- The Finding of Jesus

### The Sorrowful Mysteries:

- Agony in the Garden
- Scourging of Jesus
- Crowning with Thorns
- Jesus Carries his Cross
- The Crucifixion

### The Glorious Mysteries:

- The Resurrection
- The Ascension
- Descent of the Holy Spirit
- Assumption of Mary into Heaven
- Crowning of Mary, Queen of Heaven

Liana Stella

**Religious Education Coordinator**

# WEBINAR

## eSafety's parent guide to digital technologies and mental health

Join the eSafety Commissioner's expert education and training team for a FREE live webinar.

This Term 4 webinar will provide parents and carers with strategies to help young people and their mental health when they are online.

### Register now

#### Dates: (AEDT)

19 October 7.30 to 8.30pm	26 October 7.30 to 8.30pm
20 October 12.30 to 1.30pm	9 November 7.30 to 8.30pm
21 October 12.30 to 1.30pm	18 November 12.30 to 1.30pm



Register now: [esafety.gov.au/parents/webinars](https://esafety.gov.au/parents/webinars)



eSafety Commissioner

[esafety.gov.au](https://esafety.gov.au)

# CHES



SYDNEY  
ACADEMY OF CHES

Est 1998

(02) 9745 1170  
[info@sydneyacademyofchess.com.au](mailto:info@sydneyacademyofchess.com.au)

Chess classes @ Sacred Heart Catholic Primary School (Pymble) - Term 4, 2021

Due to the current COVID lockdown, we will be conducting our chess class online. When restrictions are lifted and children return to school, we intend to return for face to face coaching as soon as we are given the green light by the school.

Our online chess classes will be held before and after school Monday – Friday from 8:00am–9:00am, 3:15pm–4:15pm, 4:30pm–5:30pm and 5:00pm–6:00pm. Your child can attend as many of these online classes as he/she wishes until we return to face to face lessons.

See the link on this page for more details: <https://sydneyacademyofchess.com.au/online-classes-2021>

To register your child in the class, go to <https://sydneyacademyofchess.com.au/payment> and enter the following code: 691GX96QBZ

Sydney Academy of Chess  
[info@sydneyacademyofchess.com.au](mailto:info@sydneyacademyofchess.com.au)

# SACRED HEART FOOTBALL CLUB

## SACRED HEART PYMBLE FOOTBALL CLUB UPDATE

I am delighted to be leading the club committee for the coming year! Mike Penny will be stepping back from the day-to-day running of the club but will continue to represent the club at the NSFA level as Co-President.

The new club committee includes a mix of current and past SHP parents **and past students** - many are also current and past Men's team players - including most of the Dads!

### **2022 Club Committee:**

President	Sylvia Ulevik
Co-President	Mike Penny
Secretary	Andrew Peters
Treasurer	Aidan Smith
Registrar	Tom Sato
Vice President	Cindy Chu
Vice President	Will Anstee
Club Coach Coordinator	Steve Varnum
Gear Manager/Communication	Jess Varnum
General Committee Member	Les Fleming
General Committee Member	Jon Anstee
General Committee Member	Adam Panarello

A **BIG THANK YOU to all outgoing committee members** for their hard work and dedication to the club over previous years.

We would also especially like to thank Mike Penny for his phenomenal (and ongoing) contribution to the Sacred Heart Pymble football community as a whole, particularly over the last 4 years as President (while also backfilling many other vacant committee roles) plus holding various committee roles in the years prior to that. In addition to all that, Mike has coached the current U18 team, which his son plays in, since they were MiniRoos! He has kindly offered to stay on for another year to support the new committee members, as outlined above.

Mike has gone above and beyond to ensure the continuity of the club in the last few years, and for that, we all owe him a massive debt of gratitude. **THANK YOU MIKE !!!**

During the next 12 months, we will actively engage with the club membership and broader SHP community to bring in new volunteers and secure the club's future beyond 2022.

Please consider coming along to our **next online committee meeting on Thursday, 28 October, at 7.30pm**. It's an easy and fun way to meet other SHP parents (and past students!).

We look forward to seeing some new faces there and will welcome any and all feedback/suggestions for the coming year.

If you'd like to come along to that meeting and/or have any questions, please contact either myself or Cindy Chu 0413 584 172 or [vicepresident@lionsfootball.org.au](mailto:vicepresident@lionsfootball.org.au)). If you have feedback/suggestions but can't make our next meeting, please send them to Cindy, who will present them on your behalf.

Thank you,  
Sylvia Ulevik  
0404 294 970  
[president@lionsfootball.org.au](mailto:president@lionsfootball.org.au)

## COMMUNITY

KISSING POINT  
CRICKET CLUB  
*Turrumurra*

# CRICKET REGO

**NOW OPEN**

60  
NOT OUT  
CELEBRATING  
50 YEARS  
1961 • 2021

CRICKET BLAST

register online @ [kissingpointcc.com.au](http://kissingpointcc.com.au)

**REGISTRATION CLOSING 10th OCT**

A CRICKET PROGRAM FOR EVERYONE

JUNIOR M & F AGES 5 to 7	MASTERS M & F AGES 7 to 9	GIRLS ONLY M & F JUNIORS	SIXERS GIRLS CATEGORIES 1-4 STAGES 1, 2, 3	JUNIOR CRICKET M & F STAGES 1, 2, 3	SENIORS CATEGORIES ORIGINAL A to D2
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## RAY WHITE

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W: [www.raywhiteuppernorthshore.com.au](http://www.raywhiteuppernorthshore.com.au)

# PYMBLE PLAY GROUP



Pymble Playgroup runs from a heritage house in Pymble dedicated to Playgroup, a safe space for children to learn and develop through informal play activities and social interaction.

Making Playgroup part of a weekly routine gives children the valuable opportunity to get out of the house and brings parents and carers together to bond over similar experiences. Long lasting support networks have been developed through the Playgroup network with friendships that continue well beyond the early years.

Pymble Playgroup is affiliated with Playgroup NSW, a not-for-profit organisation. We are run by a group of local dedicated members who volunteer time, skills and services. We do not engage carers or facilitators as each group organises and runs their own sessions based on individual needs and ages of their children. This ranges from structured activities such as arts and crafts to free play.

Playgroup sessions are available morning or afternoon, Monday to Friday, visit our website for existing sessions and email us for more information on fees and how to join.



Where fun, family & community connect

To join an existing session or start your own Session email [pymbleplaygroup@gmail.com](mailto:pymbleplaygroup@gmail.com)

Pymble House, 57 Merrivale Rd, Pymble [www.pymbleplaygroup.com.au](http://www.pymbleplaygroup.com.au)